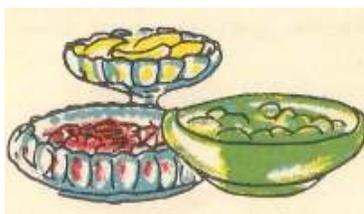


Thirty-Third Leeds Symposium on Food History and Traditions

Saturday 14 April 2018

Friends' Meeting House, Friargate, York YO1 9RL



A Modest Sufficiency



9.50am Registration and coffee

10.30am After the welcome and introduction to this year's symposium, in which we consider the food habits of relatively ordinary people in past centuries, the morning session will see Eileen White looking at evidence from medieval mystery plays to see what shepherds ate; Mark Dawson will use probate inventories from the English Midlands 1540-1700 to investigate what households of the middling sort produced and ate; and Peter Brears will talk about everyday food in Regency London.

1.00 – 2.15pm **Lunch.** If you wish to participate in the communal lunch, please bring one item of food, home-made if possible, to serve 2-3 people, table-ready and labelled. Please note that bread is provided.

2.15pm In the afternoon session Ivan Day will introduce us to a selection of cookery recipes from a yeoman family from the Lake District, and Laura Mason will revisit 20th-century food habits to find out what we ate then.

4.00pm The symposium will conclude with tea and 'a closer approach'.

Please note that no recording or photography is permitted during the talks without prior permission from the speaker.

To enrol, please complete the form below and send, together with the fee of **£25**, to Leeds Symposium on Food History, c/o Special Collections, Brotherton Library, University of Leeds, LS2 9JT to arrive not later than **Friday 17 March**.

A Modest Sufficiency

Saturday 14 April 2018

I enclose the fee of **£25.00**

(cheques payable to **Leeds Symposium on Food History**)

Name-----

Address-----

Telephone----- Email-----

*If any of your contact details have changed, please indicate on the form.

*I will bring a **savoury dish/salad/sweet item** for the communal lunch.